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# A study on subjective assessment of indoor pollution among rural and urban homemakers of Ludhiana city

■ D. KAUR, M. SIDHU AND S. BAL

Article Chronicle :

**Received :**

03.04.2015;

**Accepted :**

26.05.2015

**ABSTRACT :** Environmental pollution is any undesirable change in any component of the environment may it be air, water, soil, which can cause harmful effects on various forms of life and property. World Health Organization (WHO) also ranks the problem of indoor pollution as one of the worst health risks facing the poor. The pollution can be either indoor or outdoor or both but generally people think that pollution is only outdoor or affecting the indoor environment due to the different outdoor sources. The inside environment of houses often has a higher level of pollutants than the outdoor surroundings. Unfortunately, indoor pollution has not been given much importance. Keeping the concern and significance of indoor pollution in mind a study was planned to assess the indoor pollution subjectively from rural and urban houses, two modified scales were used. Scales used were Physical Environment Assessment Tool (PEAT) and Environment Awareness Scale (EAS).

**HOW TO CITE THIS ARTICLE :** Kaur, D., Sidhu, M. and Bal, S. (2015). A study on subjective assessment of indoor pollution among rural and urban homemakers of Ludhiana city. *Asian J. Environ. Sci.*, **10**(1): 95-99.

Key Words :

Awareness,  
Environment,  
Indoor pollution,  
Physical  
awareness,  
Pollutants

Author for correspondence :

**D. KAUR**

Department of Family  
Resource Management,  
College of Home Science,  
Punjab Agricultural  
University, LUDHIANA  
(PUNJAB) INDIA

See end of the article for  
**Coopted authors'**